

GREATER SEACOAST COMMUNITY HEALTH

STRAFFORD COUNTY
PUBLIC HEALTH
NETWORK + ♥ ♻️

2024 SCPHN

ANNUAL REPORT



SCPHN.org



SCPHN@goodwinCH.org

ABOUT

Strafford County Public Health Network (SCPHN) is one of New Hampshire's 13 Regional Public Health Networks (RPHNs) established in July of 2013. RPHNs were created to integrate multiple public health initiatives and services into a common network of community stakeholders, and coordinate the development and implementation of a range of community and public health improvement activities. Greater Seacoast Community Health is the host agency for SCPHN, which includes the following municipalities: Barrington, Dover, Durham, Lee, Madbury, Middleton, Milton, New Durham, Rochester, Rollinsford, Somersworth, and Strafford, as well as the University of New Hampshire.

MISSION

SCPHN's mission is to improve the health, wellness, and quality of life for all individuals in Strafford County.



Pictured (left to right): Ashley Wright, Cora Long, Brittany Potvin, Coreen Toussaint, Barry Sandberg

SCPHN WORKGROUPS

Healthy Living Coalition (HLC)

The Healthy Living Coalition develops and discusses shared goals to improve food security and nutrition, and to decrease the impact that chronic disease such as obesity, heart disease and stroke have on our communities.

Ready Strafford

Ready Strafford brings together partners in Strafford County to improve the preparedness of community members and services to respond to and recover from public health emergencies.

VISION

We envision a vibrant, healthy and productive community that values, promotes, nurtures and invests in the health and wellness of its citizens.

STAFF

Ashley Wright

Public Health Network Manager

Brittany Potvin

Community Health Worker

Barry Sandberg

Program Coordinator

Coreen Toussaint

Public Health Nurse

Jason Usher

Emergency Preparedness Coordinator

Addiction Task Force (ATF)

The Strafford County Addiction Task Force works toward shared goals related to the prevention, treatment, recovery, and reduction of harm from substance use and mental health.

Prevention Leadership Group (PLG)

The Prevention Leadership Group works collectively on projects to prevent substance use and mental health challenges across Strafford County.



PUBLIC HEALTH ADVISORY COUNCIL (PHAC)

The PHAC acts as a leadership Council for SCPHN staff and includes stakeholders that meet once per quarter and help to prioritize public health disparities in Strafford County. The PHAC is intended to build on and blend existing local leadership and coordinate groups working on various public health issues in support of the development and implementation our Community Health Improvement Plan (CHIP), as well as plan and convene our bi-annual All Partner Meetings that convene our full Network of partners for shared learning on topics related to our CHIP priorities, and to foster connection, communication and collaboration.

PHAC Members:

Chair: Steve Pappajohn, Dover Police Dept.
Vice Chair: Chris Kozak, Community Partners
John Burns, SOS Recovery Community Org.
Carrie Conway, Strafford County Dept. of Corrections
Jen Czysz, Strafford Regional Planning Commission
Anne Grassie, Rochester Child Care
Megan Gray, Frisbie Memorial Hospital
Pete Hanson, Turbocam Intl.
Bill Harbron, Dover School District
Tanisha Johnson, Community Action Partnership of Strafford County
Kerry Norton, Hope on Haven Hill
Emilia Poehlman, UNH Institute on Disability
Katie Soule, Granite YMCA
Christine Wyrsh, Wentworth-Douglass Hospital

JUNE 2023 ALL PARTNER MEETING

60 
ATTENDEES

Presentations on the topic of Dating and Domestic Violence from Strafford County Family Justice Center and Ending the Violence programs

NOV 2023 ALL PARTNER MEETING

40 
ATTENDEES

Presentation on *Solving Hunger in NH* from NH Hunger Solutions and a highlight of our Healthy Living Coalition workgroup

CHIP PRIORITIES

1. Mental Health Prevention, Treatment, Recovery & Harm Reduction
2. Substance Misuse Prevention, Treatment, Recovery & Harm Reduction
3. Healthy Living, including food security and chronic disease prevention
4. Emergency Preparedness, including COVID-19 Response and Recovery
5. Healthcare Awareness & Access, including prenatal, oral and sexual health
6. Injury prevention, including suicide prevention, childhood lead poisoning and domestic/dating violence



Our 2023 - 2026 CHIP was finalized and published in December, 2023 by our PHAC and SCPHN team. The CHIP outlines the goals, objectives and strategies that will guide the work of our staff, PHAC and working groups to address health disparities in Strafford County.

You can find our 2023 - 2026 Community Health Improvement Plan by following the QR Code below or by visiting our website SCPHN.org



TRAINING & EDUCATION

BUILDING COMMUNITY CAPACITY

SCPHN hosted and provided **over 30 trainings to more than 600 attendees** on topics including:

- Alcohol Use Disorder
- American Sign Language (ASL) for First Responders
- Dating & Domestic Violence
- Addressing Food Security
- NAMI Connect Suicide Prevention
- Narcan Training
- WebEOC
- Multi-Agency Coordinating Entity (MACE) 101 Workshop
- Positive Adult Relationships, Risk & Protective Factors
- Strategic Prevention Framework
- Youth Mental Health First Aid
- and more...

ADDICTION SUMMIT

Our Addiction Task Force welcomed over 90 people on Wednesday, May 15th to our 2024 Strafford County Addiction Summit at UNH.

Our largest program to-date included eleven workshops offered over three, 90-minute sessions that focused on topics across the continuum of care and related subjects, a keynote address from founding members of the Dover Mental Health Alliance on *Building Resilient Communities Before Trauma Occurs*, and new this year, vendor tables to connect attendees with even more resources and knowledge.

THANK YOU TO THIS YEAR'S ADDICTION SUMMIT SPONSORS:

CHAMPION SPONSOR:



NEW HAMPSHIRE
CHARITABLE FOUNDATION

SUPPORT SPONSOR:



STRAFFORD COUNTY & SEACOAST PUBLIC HEALTH NETWORK COMMUNITY HEALTH WORKERS HOST AMERICAN SIGN LANGUAGE (ASL) TRAINING FOR FIRST RESPONDERS

In partnership with Seacoast Public Health Network and Lee Police Dept., SCPHN hosted two ASL trainings with Northeast Deaf and Hard of Hearing Services, INC. for the first responder community to improve communication with the deaf and hard of hearing community in emergency or crisis situations.



ACCOMPLISHMENTS

OUTREACH & RESOURCE SHARING



120
Hours
of Outreach



28
Outreach
Experiences

Outreach & resource sharing have been a large part of the work our team has done this year. Our outreach efforts have resulted in 120 hours of time spent in the community at 28 outreach opportunities. These have included going to libraries, food pantries and Farmers Markets as well as community events such as National Night Out and SOS's Recovery Rally. Through out outreach efforts we have distributed resources such as 500+ COVID test kits and Vaccine Hesitancy materials.

WILLAND WARMING CENTER RESOURCE FAIRS

Our Community Health Worker and Public Health Nurse helped to plan and organize two Resource Fairs at the Willand Warming Center to provide direct support and connection to resources, including flu and COVID vaccines, for visitors of the Warming Center, once in February and once in March before their closing for the year.



Pictured (left to right): Dr. Tory Jennison PhD, RN, Coreen Toussaint, RN, Brittany Potvin & Ashley Wright



SYRINGE DISPOSAL & OVERDOSE PREVENTION

Over 2,600 syringes have been collected in the first year of our Public Syringe Disposal Pilot program in Dover in partnership with SOS Recovery, NH Harm Reduction Coalition, Wentworth-Douglass Hospital, UNH Nursing, and the City of Dover.



Over 500 Narcan kits have been distributed through various channels including events, partnerships, and inclusion in First Aid Kits and NaloxBoxes. We also provided more than 250 overdose prevention kits that include Fentanyl and Xylazine Test Strips, and other overdose prevention items. Visit SCPHN.org/overdose-prevention to learn more about these efforts.

SCREENING FOR FOOD SECURITY

Members of our Strafford County Healthy Living Coalition have been working to educate healthcare and other service providers on the importance of screening for food security using evidence-based tools like the Hunger Vital Signs™ screener to improve connection to resources and coordination of care for people experiencing food insecurity.

Screening for Food Insecurity

The best way to learn if someone is facing food insecurity is by using the validated, evidence-based **Hunger Vital Sign™** screening tool.

Why should you screen for food insecurity?

- Help connect people to needed resources and combat hunger in the community
- Reduce risk of diet-related health conditions
- Decrease emergency department visits, hospital stays and lowers health care costs
- Improve academic performance of children in the classroom



Hunger Vital Sign™

Hunger Vital Sign™ identifies risk for food insecurity if they answer either or both of the statements as "often true" or "sometimes true" (vs. "never true"):

1. Within the past 12 months we worried whether our food would run out before we got money to buy more
2. Within the past 12 months the food we bought just didn't last



learn more about the Hunger Vital Sign™ with *Children's Health Watch*

1 in 6 NH households experience food insecurity

Food insecurity is having limited or uncertain availability of nutritious and safe foods


Anyone can screen for food insecurity, even for yourself


ACCOMPLISHMENTS

VACCINATION EFFORTS

 **20**
Schools Served

 **708**
Flu Shots

 **18**
Community Clinics

 **121** **98**
Flu Shots & COVID Shots

ADVOCACY

NH Charitable Foundation again funded SCPHN to support advocacy efforts in partnership with New Futures. This year's work included listening sessions on three primary topics identified through a community survey:

 **HOUSING**

 **TRANSPORTATION**

 **MENTAL HEALTH**

More than 50 community members, partners, and legislators gathered for our Legislative Breakfast in March which included a panel of community members with content expertise and lived experience who spoke to the challenges they, their clients and their communities have experienced related to our key topic areas.



THANK YOU MEDICAL RESERVE CORPS (MRC) VOLUNTEERS



165 VOLUNTEER HOURS

Our amazing Ready Stafford volunteers help us throughout the year on projects and activities including COVID-19 & Flu vaccination clinics, assisting with packing out first aid kits, entering vaccine data and participating in call-down drills to help support our communications and readiness.

To join our Ready Stafford MRC, scan the QR code below or visit [SCPHN.org/volunteer](https://scphn.org/volunteer) for more information & directions to sign-up.



COMMUNITY CARE TEAM

Stafford County and Seacoast Public Health Networks are working together to coordinate the Community Care Teams (CCT) for their regions. CCT brings together community agencies, providers, and organizations that provide services to shared clients with complex needs.

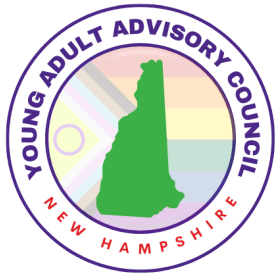
By working together to increase awareness of client goals and challenges, this multi-agency partnership provides connection with resources and wrap-around support to improve health outcomes.



ACCOMPLISHMENTS

YOUNG ADULT STRATEGIES

Our statewide Young Adult Strategies (YAS) program has engaged 4 other Regional Public Health Networks in the state and 13 Young Adult Advisory Council (YAAC) Members to collaborate on a statewide plan for substance use and suicide prevention amongst young adults (ages ~18 - 29) across NH.



Priorities this year included:

- YAAC Recruitment
- Resource & Information Sharing
- Outreach & Connecting with different communities & partners
- Delivering the Botvin LifeSkills training

Members of the YAAC participated in the Dover High School 'Reset Day' which provided an opportunity for DHS students to 'reset' and practice some self-care following the stress of their semester one finals.

JOIN THE NH YOUNG ADULT ADVISORY COUNCIL (YAAC)

Scan the QR code or follow the link below to learn more and to join the NH YAAC to be a part of a collective of young adults working to find solutions to problems facing young adults in NH.



[TINYURL.COM/YAACFACTSHEET](https://tinyurl.com/yaacfactsheet)



TAKEBACK DAY

DEA Take Back Day events provide an opportunity twice per year in April and October, to safely dispose of unused prescription medication, helping to prevent prescription drug misuse, addiction and overdose deaths.

TAKEBACK DAY TOTALS

Oct 2023

April 2024



SCPHN assists the DEA and local law enforcement with Takeback Day by coordinating supplies and additional resources such as Detera bags, and information on how our communities can practice and support substance use prevention efforts.



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**THANK YOU TO
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